

## Expected Milk Volumes Day of Delivery – Day 14

Day	Number of feedings/pumpings	Target Milk Volume (when pumping)	Expected Infant Wet/Dirty Diapers
Day of Delivery (1 <sup>st</sup> 24 hours)	8- 12 (On infant demand)	Drops	1 wet/ 1 dirty
Day 1 (24-48 hrs)	8-12 (On infant demand)	Drops	2 wet/2 dirty
Day2 (48-72 hours)	8-12 (On infant demand)	Drops	3 wet/3 dirty
Day 3 (72-96 hours)	8-12 (On infant demand)	1-2.5 ounces for entire day	4 wet/4 dirty
Day 4	8- 12 (On infant demand)	(75-300mls) 2.3-6 ounces for the entire day	5 wet/4+ dirty
Day 5	8-12 (On infant demand)	6-7 ounces for the entire day (150-225 mls)	6 wet/4+ dirty
Day 6	8-12 (On infant demand)	7.5-12.5 ounces (225-300mls)	6-8 wet/2+ dirty
Day 7	8-12 (On infant demand)	10-12.5 ounces (300-375 mls)	6-8 wet/2 + dirty
Day 8	8-12 (On infant demand)	12.5-15 ounces (375-450 mls)	6-8 wet/2 + dirty
Day 9	8-12 (On infant demand)	15-17.5 ounces (450-525 mls)	6-8 wet/2+ dirty
Day 10	8-12 (On infant demand)	17.5-19 ounces (525-570 mls)	6-8 wet/2+ dirty
Day 11	8-12 (On infant demand)	19-21 ounces (570-630 mls)	6-8 wet/2+ dirty
Day 12	8-12 (On infant demand)	21-23.5 ounces (630-700 mls)	6-8 wet/2+ dirty
Day 13	8-12 (On infant demand)	23.5-25 ounces (700-750 mls)	6-8 wet/2+ dirty
Day 14	8-12 (On infant demand)	25 + ounces per day (750 mls +)	6-8 wet/2+ dirty